



# Continuing a Legacy

**A Strategic Update**

July 1, 2023 – June 30, 2024



# Release

Safe • Together • Healthy • Free



# Release

Release started 30 years ago, serving youth in detention facilities in the Omaha metro area. Since then, services have organically evolved in direct response to the needs of the youth and families served and the needs and gaps identified in the community. This holistic and strategic approach reaches almost 5,000 individuals, annually, with the goal of helping them be safe, together, healthy, and free. We combine effective, evidence-based practices with a relational approach built on kindness and respect.

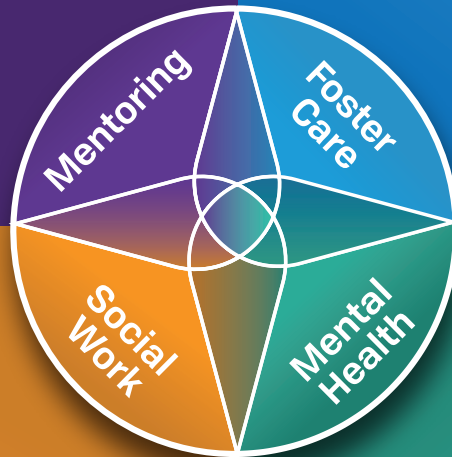
Services focus on the following areas: mental health, social work, mentoring and foster care.

# Mentoring

Mentoring is an effective way to provide life-long impact in the lives of youth. Release has a legacy of matching and supporting community mentor pairs. Our one-to-one mentoring matches continue for an average of 2 years. We also have Chaplains who carry out the vision of our founders, who serve within the Douglas & Sarpy County Youth Centers, as well as Nebraska Correctional Youth Facility.

# Foster Care

Release trains and supports foster parents as they care for youth that must temporarily live apart from their family. Youth in foster care need an extraordinary level of compassion and care - and so do families caring for them. Release supports our foster homes 24/7. We also offer monthly gatherings for training and community building to replenish foster parents and increase the length of time families provide foster care.



Our staff works with families to educate and connect them with resources. Families learn how to be safe and receive individualized support navigating the complicated process of coming back together.

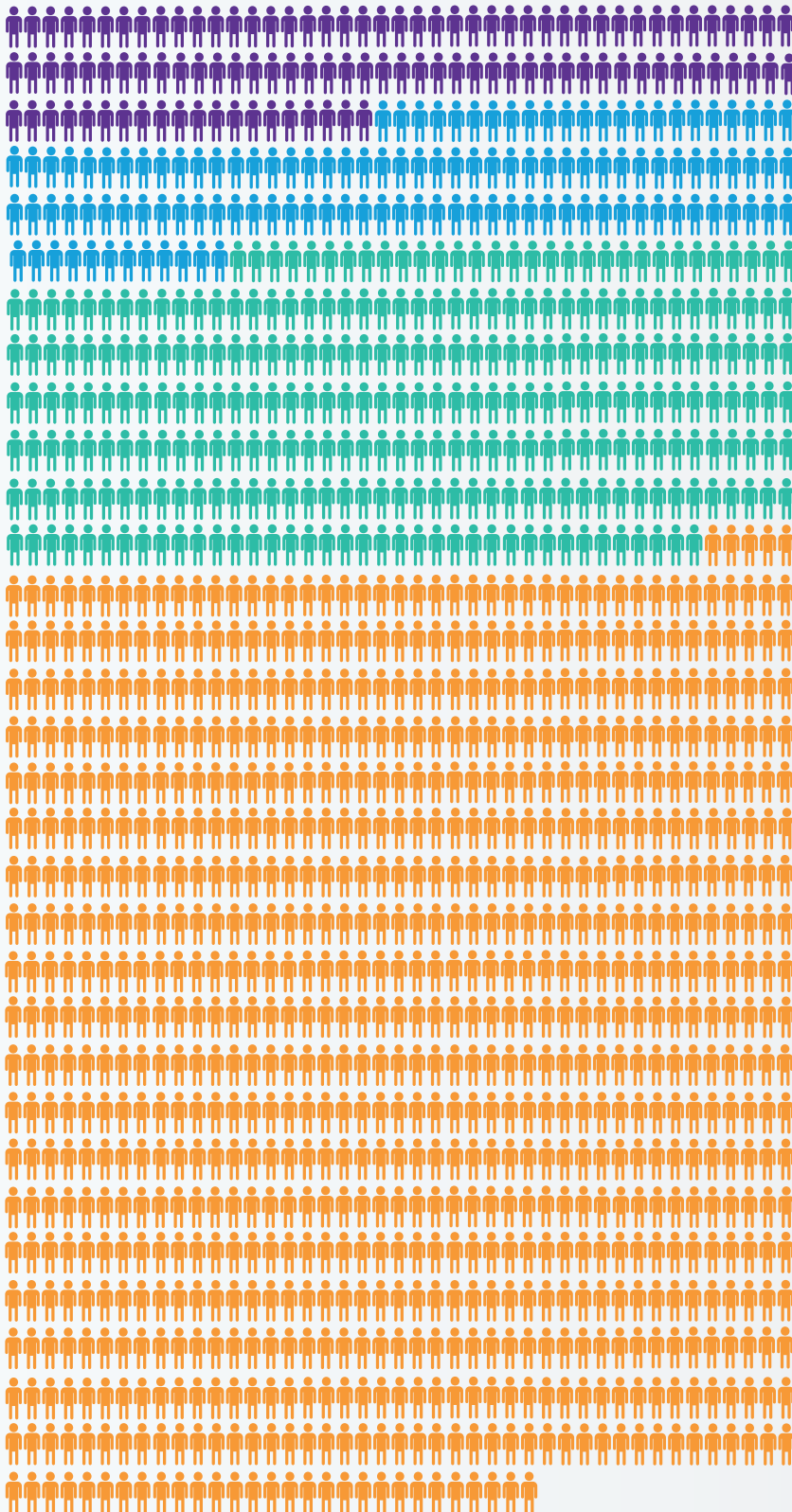
# Social Work

Release's mental health clinicians serve clients of all ages, backgrounds, and challenges. Our health services are trauma-informed, culturally competent, and accessible to our community.

# Mental Health

# 2023 Community Reach

Statistics from JAN 1,  
2023 to DEC 31, 2023



**106**



Youths mentored in a one-to-one mentoring relationship

**121**



Children served in foster homes

**286**



Individuals served with mental health services

**860**



Family members served with social work services

Total served

**4,952**

*Some youth received services in multiple areas*

# Funding Sources

Fiscal year from 7/1/23 to 6/30/24

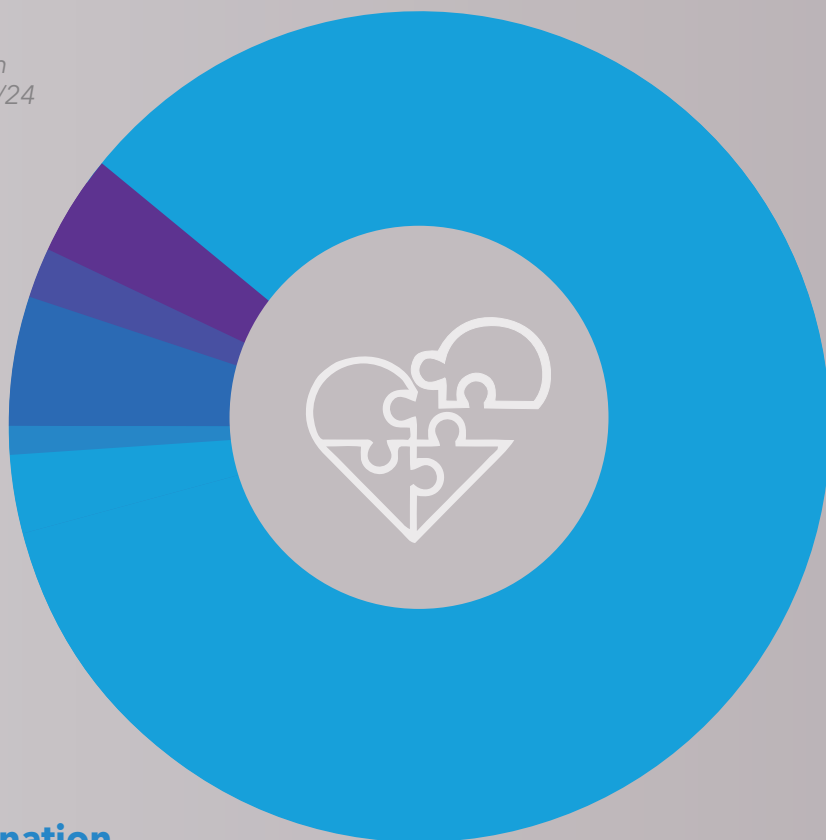
**Fundraising Events (4%)**  
\$146,546.03

**Grants (2%)**  
\$104,000.00

**Private Donations (5%)**  
\$200,430.50

**Non-Donation Revenue (1%)**  
\$60,196.77

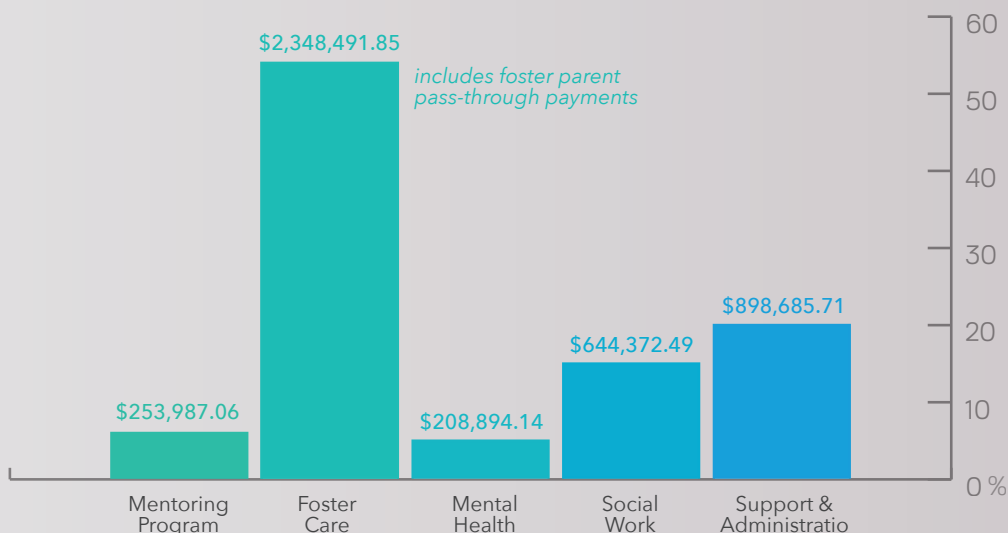
**Contracted Services (88%)**  
\$3,731,823.78



**470**  
Children served by #ReleaseMoreLove

**957**  
Children served by Release Care Closet

**1,419**  
Youths served by chaplains & mentors in institutions



## Resource Allocation

# People Matter

This is the story of Shyann, a former foster youth that aged out of the system. Shyann wanted to give back, but not qualifying to work in foster care, a position was developed on the mentoring team for her.

She spent six months working at Release before she left to work as a child welfare advocate nationally. Several months later, she was brutally attacked, hospitalized, and her children were placed in temporary foster care. She requested Release to provide foster care support for her children. A Release social worker helped her with rehabilitation and resources. Lastly, her children are processing the trauma of witnessing the violent attack with Release therapists.

Shyann is a great example of how Release is positioned with holistic services to meet real needs.





# EVERYBODY CAN DO SOMETHING



PRAY



VOLUNTEER



ADVOCATE



DONATE



FOSTER



SCAN ME

At Release, we know there is power, joy, and fulfillment in relationships! Please call (402) 455-0808 or contact us through our website, [Releaseinc.org](http://Releaseinc.org) to learn more or schedule a meeting with our leadership or engage with our services.

# Vision

To see youth, future generations, and society transformed through a relationship with God and loving adults.



# Mission

To affect youth and their families with the life-changing love of Jesus Christ, releasing them to be all God intends them to be - safe, together, healthy, free.

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**Release**

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